

Giving While Living: All About Living Organ Donation

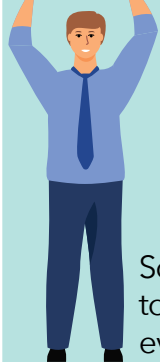


The Need Is Real
100,000+

people in the U.S. are on the national transplant waiting list because there are far more people who need transplants than organs available.

85%

of the people waiting on a transplant need a kidney



17 people waiting for a transplant die every day

Someone is added to the waiting list every **9** minutes



Each year, organ transplants save thousands of lives. And every transplant starts with a donor. Most organ donors are deceased, but some people give while they're alive.

6,466

lives saved by living donors in 2022

94%

of living donations are directed, meaning the donor chooses the recipient. Often it's a family member or friend. Non-directed donations go to anyone in need.

Did You Know?



People have two kidneys, but one can keep a healthy body going strong.



When a donor gives part of their liver, the part they keep and the part they donate both grow to full size.

Recovery for Living Donors

After recovering from surgery, living donors can resume life as usual.



How long until I can...

| | Leave the hospital | Drive a car | Lift heavy items |
|---------------|--------------------|------------------|-------------------|
| Kidney | 2-3 Days | 2 Weeks | 6-12 Weeks |
| Liver | 5 Days | 2-4 Weeks | 8-12 Weeks |

You Can Live and Help Live

Organ donation surgery is low-risk, so most living donors go on to live active, healthy lives.



Learn more about living donation
at organdonor.gov.

HRSA
Health Resources & Services Administration

